

# Prevention Supports and Services COVID-19/Distance Learning Resources:

## Resources for Families/Students

### I. Behavior

#### **PBIS At Home**

- Pre-recorded webinar and editable templates for using PBIS at home. Materials include PowerPoint slides, handbooks, and references. Content covers creating schedules, expectations, teaching plans, acknowledging behavior, responding to problem behavior and self-care.
- Materials may be accessed directly in both [English](#) and [Spanish](#)
- For more information, contact your PBIS Regional Coach. Contact information available at: [www.placerpbis.org](http://www.placerpbis.org)

### II. Family Wellness

#### **Direct outreach to all Foster Youth Placements in the County**

- Foster Youth Services Student Support Practitioners (SSPs) will reach out to all resource homes and relative placements for all Placer County dependents, as well as dependents of other counties who are attending Placer County schools.
- For more information, contact [Alicia Rozum](#)

#### **Backpack distribution for McKinney-Vento students**

- Backpacks and school supplies available to LEAs for distribution to their McKinney-Vento students (homeless). Sizes from pre-K to High School.
- Contact your district Foster/Homeless Youth District Liaisons (FHYDLs). Contact information available at the [PSS Foster Youth Services page](#)

#### **Resource/Referral for families**

- PCOE's Foster/Homeless/CSEC team is available to provide a variety of resources and referrals to families and caregivers, including social services, employment, mental health, food security, housing, and other referrals. PSS provides an electronic form for making referrals.
- The referral form may be accessed [here](#).
- For more information, contact [Alicia Rozum](#)

### **III. Resource Connection**

#### **Attend School or Child Family Team Meeting to provide resources for Independent Living Program (Transition-Age Foster Youth) eligible student**

- Support student/family by attending team meeting and addressing areas of concern/need, including barriers due to COVID (lost of job, housing, Wi-Fi access, mental health services, community activities, transportation).
- For more information, contact [Michelle Graf](#)

### **IV. Student Wellness**

#### **Virtual Chill Zone for Elementary Students**

- A resource for when you have big feelings and you're not sure what to do. Click around the Virtual Chill Zone to find your calm, re-group, and continue with your day.
- The Virtual Chill Zone may be accessed [here](#).
- For more information, contact [Ali Murphy](#)

#### **Tobacco Use Prevention Education (TUPE)**

- TUPE provides tobacco prevention education to parents in all schools in Placer County.
- For more information, contact [Anne Ashton](#)

## **Resources for Schools**

### **I. Attendance**

#### **Student Attendance Review Board (SARB)**

- SARB provides follow-up support for students and families who continue to struggle with chronic attendance and behavior issues.
- For more information, contact [Anne Ashton](#)

### **II. Student Wellness**

#### **Foster or Homeless Education**

- Tier III school-based wraparound meeting conducted virtually by PSS Student Support Practitioners for foster or homeless youth struggling with attendance, academics, or behavior.
- For more information, contact [Alicia Rozum](#)