



Prevention Supports and Services COVID-19/Distance  
Learning Resources:  
Professional Development/Consultation

## Professional Development

### I. Attendance

#### **Supervisor of Attendance/Attendance Consultation**

- PCOE supports districts to create and implement systems to build strong student attendance.
- For more information, contact [Anne Ashton](#)

### II. Behavior

#### **PBIS: Transition Back to School**

- Facilitated PD that describes and assists school PBIS teams to develop and install remote learning adaptations to existing PBIS features at their site.
- Tier 1 example slides may be accessed [here](#), Tier 2 materials may be accessed [here](#).
- For more information contact your PBIS Regional Coach. Contact information available at: [www.placerpbis.org](http://www.placerpbis.org)

#### **PBIS At Home**

- Short PD session offered remotely to families of a school site/district, guiding families to set up PBIS in their home to support learning at home.
- Materials may be accessed directly in both [English](#) and [Spanish](#)
- For more information contact your PBIS Regional Coach. Contact information available at: [www.placerpbis.org](http://www.placerpbis.org)

#### **Understanding, Recognizing & Responding to Trauma Behaviors in Students**

- One Day training for PBIS Implementing Teams to help support educators understand, recognize and respond to students who are experiencing trauma.
- For more information contact your PBIS Regional Coach. Contact information available at: [www.placerpbis.org](http://www.placerpbis.org)



### **III. Mental Health**

#### **Assessing a Student's Wellness during Distance Learning**

- Provides a checklist of what mental distress might look like during distance learning. Provides tools, strategies and resources for increasing wellness.
- Materials may be accessed [here](#).  
For more information, contact [Ali Murphy](#)

#### **Kognito**

- Virtual simulation that helps teachers identify students experiencing psychological distress and link them to appropriate school-based resources. This is a self-paced training.
- All the necessary materials can be found [here](#).
- For more information, contact [Ali Murphy](#) or [Alicia Rozum](#)

#### **Introduction to Trauma: Considerations for Educators**

- Trauma 101 training (with COVID considerations) for school staff to learn how to support students who have experienced trauma.
- For more information contact: [Michael Lombardo](#), [Luke Anderson](#), or [Kerri Fulton](#)

#### **Anxiety and Depression in Teens**

- Anxiety and Depression 101: Know the signs and symptoms. Relevant for teachers and parents.
- Materials may be accessed [here](#)
- For more information, contact [Ali Murphy](#)
- For more information contact your PBIS Regional Coach. Contact information available at: [www.placerpbis.org](http://www.placerpbis.org)

### **IV. Student Wellness**

#### **Information about Placer County Independent Living Program Services (ILP)**

- Outreach and education around ILP eligibility, benefits, and support available; including addressing COVID-related resources in the county.
- For more information, contact [Michelle Graf](#)

#### **Foster/Homeless/CSEC Youth Services training**

- General professional development for any LEA staff, including classified staff, on how to support and identify foster, homeless and CSEC youth.
- For more information, contact [Alicia Rozum](#)



**Tobacco Use Prevention Education (TUPE)**

- TUPE provides tobacco prevention education to schools and community groups throughout Placer County.
- For more information, contact [Anne Ashton](#)



## Consultation

### I. Behavior

#### **PBIS: Transition Back to School**

- Coaching provided to PBIS leadership teams to assist school PBIS teams to develop and install remote learning adaptations to existing PBIS features at their sites.
- For more information, contact [Kerri Fulton](#)

#### **Support Positive Behavior**

- Coaching provided to individual teachers to assist in the implementation of PBIS for their classroom and/or individual students.
- For more information, contact [Kerri Fulton](#)

#### **Using Data for Decision Making**

- Coaching provided to PBIS site teams or PBIS District Leadership Teams to guide using data for decision making (aka "TIPS").
- For more information, contact [Kerri Fulton](#)

#### **PBIS At Home**

- Coaching/Consultation call with family/caregiver describing strategies to use to prepare and support an effective learning environment at home.
- For more information, contact [Kerri Fulton](#)

### II. Mental Health

#### **Consultation for Mental Health and Wellness**

- A once-a-week consultation hour for school staff to case manage and consult with mental health professionals regarding services and supports. Please complete [this referral form](#) to sign up.
- For more information contact: [Allison Murphy](#) or [Leslie Roth](#)

### III. Student Wellness

#### **Case Consultation for youth in Out-of-Home placement**

- Consult with LEA to discuss student needs/areas of concern; identify resources next steps and support team available to student; along with COVID-related barriers (loss of job, housing, Wi-Fi access, mental health services, community activities)
- For more information contact: [Michelle Graf](#)



**Consultation for Foster, McKinney-Vento and/or CSEC youth**

- PCOE's Foster/Homeless/CSEC team are available to provide consultation and guidance to districts around how to best support and service these vulnerable populations during distance learning.
- For more information contact: [Alicia Rozum](#)