



Gayle Garbolino-Mojica
County Superintendent of Schools

WWW.PLACERCOE.ORG



SafeTALK is a suicide alertness workshop that prepares you regardless of prior experience or training, to become a suicide-alert helper.

Date: October 11, 2022

Time: 8:30 AM - 12 PM

Location: PCOE Annex, Nobili Rm.

**Address: 365 Nevada Street,
Auburn, CA 95603**

Registration Information:

<https://tinyurl.com/4xxz6zkv>

\$25

no refunds for no-shows or within
14 days of cancellation

SafeTALK

Learn how you can help someone struggling with suicidal thoughts.

WHAT YOU WILL LEARN

- Recognize indicators of suicidal thoughts and feelings.
- Learn how to connect individuals with life-saving intervention resources.
- Practice skills in identifying and responding to people at immediate risk of suicide.
- Apply the TALK steps: Tell, Ask, Listen, and KeepSafe.

WHO SHOULD ATTEND

This course is for anyone 15 years and older who wants to learn suicide alertness skills.

CONTACTS:

JESSICA LEFOHN: JLEFOHN@PLACERCOE.ORG

TARA NEILSEN: TNEILSEN@PLACERCOE.ORG



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