



As required by law, the Placer County Office of Education follows guidance from the California Department of Public Health (CDPH) and the Emergency Temporary Standards from the Occupational Safety and Health Standards Board (Cal/OSHA).

PCOE employees who test positive for COVID-19 or have been exposed to a person diagnosed with COVID-19 should contact their supervisor and Human Resources Director Mark Williams immediately to determine appropriate next steps, if any.

FACE COVERINGS:

- CDPH recommends masking for all persons, regardless of vaccination status, if you have respiratory symptoms (e.g.: cough, runny nose, and/or sore throat).
- CDPH recommends wearing a mask in indoor areas of public transportation and transportation hubs.
- Per Cal/OSHA Emergency Temporary Standards, there may be instances in which employees are strongly recommended to wear face coverings due to exposures/close contacts.
- No person can be prevented from wearing a mask as a condition of participation in an activity or entry into a school, unless wearing a mask would pose a safety hazard (e.g., watersports).

MANAGING INDIVIDUALS WITH SYMPTOMS:

- Employees should stay home when sick and not feeling well.
- Employees should self-isolate and test as soon as possible to determine infection status.
- If symptoms persist after antigen negative test, CDPH recommends to consider continuing self-isolation and retesting with an antigen or PCR test in 1-2 days. Consider repeat testing every 1-2 days until testing positive or symptoms improve.
- CDPH recommends wearing a face covering in alignment with guidance for general public.

MANAGING ASYMPTOMATIC EXPOSURES* (Close Contacts):

- No quarantine if asymptomatic regardless of vaccination status.
- Test within 3-5 days after last exposure. If negative, employee may remain at work.
- It is recommended that employees wear a face covering for a total of 10 days after exposure.
- Persons infected within the prior 30 days do not need to be tested or excluded from work unless symptoms develop.

MANAGING SYMPTOMATIC EXPOSURES* (Close Contacts):

- Regardless of vaccination status, symptomatic employees who have been close contacts should test immediately and isolate from work until test results are confirmed.
- If test is negative and the employee returns to work earlier than 10 days after the close contact, the employee should wear a face covering for a total of 10 days after exposure.
- If symptoms persist after Antigen negative test, CDPH recommends to consider continuing self-isolation and retesting with an antigen or PCR test in 1-2 days. Consider repeat testing every 1-2 days until testing positive or symptoms improve.

**Exposures: CDPH now defines a close contact as “someone sharing the same indoor airspace, e.g., home, clinic waiting room, conference room, classroom, airplane etc., for a cumulative total of 15 minutes or more over a 24-hour period (for example, three individual 5-minute exposures for a total of 15 minutes) during an infected person’s (laboratory-confirmed or a clinical diagnosis) Infectious period.”*

MANAGING STAFF DIAGNOSED WITH COVID (TESTING POSITIVE):

- If diagnosed with COVID-19, stay home for at least 5 days.
- Staff may return to work on Day 6 if their symptoms have improved and they are fever free for 24 hours prior but must wear a face covering around others for a total of 10 days.
- Staff can remove mask prior to Day 10 if they have two sequential negative tests at least one day apart.
- If symptoms, other than fever, are not resolving, continue to isolate until symptoms are resolving or until after Day 10.

ADDITIONAL RECOMMENDATIONS AND REQUIREMENTS:

- PCOE recommends that staff conduct a daily health self-assessment for symptoms of illness before arriving at work and interacting with others.
- California recommends that all eligible individuals get vaccinated against COVID-19 and remain up-to-date to protect oneself and reduce transmission of the virus.

Important References:

- [California Department of Public Health \(CDPH\) Guidance](#) (effective March 13, 2023)

Reminders:

- Please note, any reference to “days” throughout this document is intended as calendar days. Day 0 is your first day of symptoms. Day 1 is the next full day. [See CDC guidance.](#)
- For letters to student families and/or staff, maintain confidentiality as required under [FERPA and state law](#) related to privacy of educational records.



Updated as of March 9, 2023